



TIWILIGHT HOCKEY

Year 7-8 Rules

- Year 7-8 Hockey is for anyone in year 7 or 8, regardless of their hockey experience.
- Enter a boys, girls or mixed team and we will organize the competition based on team entries we receive. This competition is six-a-side secondary competition.

Rules:

- Normal FIH Hockey 6's rules apply with the following clarifications and additions;
- Games are 2x20min minutes with a 5min break at half time and are played on a half turf.
- Teams can have as many players as they wish, with 6 players permitted to be on the field at any one time. Goalies are optional.
- A team may score anywhere on the field, including directly from a free hit.
 - Inside the 11m = 3 points
 - Outside the 11m = 1 point
- There are no penalty corners. Instead a free hit from the 11m area as marked on the turf.
- Pushing or aggressive behavior will not be allowed, nor will play deemed to be dangerous or likely to cause injury.
- Swearing on the field will not be allowed.
- No hitting. Players must have their hands apart to slap or push the ball.
- Competition points;
Win = 3 points, Draw = 1 point, Loss = 0 points

Safety:

Safety of players is vital to WHA while keeping an interesting game.

Further to this:

- (a) Players are recommended to wear mouth guards.
- (b) Players whose teams aren't currently playing must stay outside the fence area.

Please keep in mind that any grade is subject to the amount of registrations.

All teams will be informed of any significant changes before the start date.

Any questions? Contact Wellington Hockey on competitions [@wellingtonhockey.org.nz](mailto:wellingtonhockey.org.nz)

www.wellingtonhockey.org.nz