



Wellington Hockey Association

Development Programme 2010/2011



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Wellington Hockey Association is keen to further develop and promote hockey in the Wellington region. One aspect of this work is to offer an exciting summer hockey programme which has something to suit all players and abilities for ages 5 to 23. The aim for the programme is not only for participants to learn new and strengthen existing skills, but to really enjoy the occasion and work with some of Wellington's and New Zealand's best players and coaches. Each activity builds on the previous and players will certainly develop as a result of attending these camps and clinics.

- Brush up on your basics
- Learn the latest techniques
- **Work with Wellington's Black Sticks and Junior Black Sticks**
- Apply your newly formed skills in game situations
- Be supported by top quality coaches
- Have fun!



Programmes in Brief

Future Sticks

These holiday programmes are for young players aged 5 - 9 years of age who are new or fairly new to the game of hockey. See Page 4 for details.

18 and 19 December

20 and 21 January

27 and 28 April

18 and 19 July

9am - 12pm both days

\$55 for the two mornings

Wild Summer Camps



These camps are aimed at all players willing to improve their basic skill level as well as gain knowledge on some of the latest techniques in the sport. The coaching will come from some of the top NZ coaches and Black Stick players, with a twist on the conventional teaching techniques.

See page 6 & 7 for details.

Senior (U/15 & U/18) - 15 to 17 December

- 25 to 27 January

Junior (U/11 & U/13) - 20 to 22 December

- 17 to 19 January

9am - 5pm each day

\$330 for the 3 days includes a Zoo sleepover!

\$285 for the 3 days - without Zoo sleepover

In-season Hockey Days

These holiday programmes are for all young players aged 10 - 15 years of age who are eager to get that extra hockey experience during the season. Great preparation for trials or fine tuning before national tournament. See Page 8 for details.

27 to 29 April

18 to 20 July

9am - 3pm each day

\$210 for 3 days (or \$80 for a single day)

Elite Clinic

6 weeks of after-school training sessions for our U/11 to U/18 representative and potential representative players. Over 20 hours of tuition in total across the 6 weeks.

Page 9 has the details.

Starts Mon 31 January

Ends Friday 11 March

Programme (3 Times 1 1/2 hrs a Week)

Groups U/11+U/13, U/15 or U/18

\$190 for 6 weeks

Wellington Hockey Academy

This programme is designed to produce top level players for NZ and Wellington hockey. It will provide the very best Wellington players within each age group extra possibilities to progress to their potential at no extra financial cost. See page 5 for details.

Starts Mon 25th October

Ends Fri 17th December

(includes 2 week break for exams)

6 Weeks

3 x 1.5 hrs/week

Groups U/24, U/21 & U/18

Description

This programme gives our young players a really fun introduction to the game at the same time learning from highly experienced and skilled NHL hockey players. This programme will run over weekends in December and January and then alongside the In-Season Hockey Days. **It's a great opportunity for these young players to be a part of.**

Ages	5 - 9
Ability	New to hockey or still learning the basics
Coaches	Wellington NHL and youth representative players (the programme will be led by Sean Dancer)
Dates	18 & 19 December, 20 & 21 January, 27 & 28 April, 18 & 19 July
Time	9am - 12pm each day
Cost	\$55 for the two mornings
Venue	National Hockey Stadium, Newtown, Wellington



Description

This off-season programme is designed to produce top level players for NZ and Wellington Hockey. It will provide the best players from each age-group extra possibilities to progress to their potential at no additional cost. The programme has the foresight to allow easy monitoring and holistic overview of potential talent by some of the best hockey & management coaches in NZ. Interested players are invited to apply by the 24th of September 2010 by emailing info@wellingtonhockey.org.nz. Groups will be announced by Friday 1 October and will be limited to between 3 and 5 players from each birth year.

- Groups** U/24, U/21 & U/18 Boys & Girls in Season 2011
- Ability** Current National Age Representative Level
- Coaches** Sean Dancer will lead the programme with a selection of top NZ coaches (Black Sticks' Coach, **Shane McLeod, will also be involved in this programme in December**)
- Dates** Period 1 Starts Monday 25 October & ends Friday 12 November
 Period 2 Starts Monday 29 November & ends Friday 17 December
 Includes a two week break for exams

Time

- Monday U/18 Girls (6 to 7.30pm) & U/18 Boys (6.30 to 8pm)
- Tuesday U/24 Girls (6 to 7.30pm) & U/24 Boys (6.30 to 8pm)
- Wednesday U/18 Girls (6 to 7.30pm) & U/18 Boys (6.30 to 8pm)
- Thursday U/24 Girls (6 to 7.30pm) & U/24 Boys (6.30 to 8pm)
- Friday U/18 Girls (6 to 7.30pm) & U/24 Girls (7.30 to 9pm) turf training session
 U/18 & U24 Boys (6.30 to 8.00pm) alternate session

Friday week 1, girls have normal hockey sessions & boys have extra high performance activity from 6.30 to 8pm, at NHS. Friday week 2, boys will have normal hockey session and girls will have extra high performance activity. This rotation will continue through the programme.

- Cost** Nil
- Venue** National Hockey Stadium, Newtown, Wellington - Mon, Thurs and Fri
 Fraser Park, Lower Hutt - Tues and Wed

Selection criteria

Hockey New Zealand Identified

Players identified by Hockey New Zealand coaches (Mark Hagar and Shane McLeod) will automatically be included in the Wellington Hockey Academies (e.g. current Black Sticks players, Junior Black Stick players, NZ Development Squad members, NZ Hockey Academy players).

Wellington Identified Players

In addition, top ranked players from the 15 to 24 age group teams (as identified by the Representative team coaches) will also be accepted to attend the Academy. Any unfilled positions will be open to additional players at a cost price to cover coach and turf-hire expenses.

Sponsored by



-With Zoo Sleepover

Description

The Wild Wellington Summer Hockey camps will offer a unique hockey experience brought to you by some of our most motivated, energetic and wild staff. These camps are for all adventurous players (between 10 and 18 years), willing to improve their basic skill level as well as gain experience and knowledge on the latest techniques in the sport. Sean Dancer and his team of top NZ coaches and players will guide you through the vast jungle of our summer programme.

Ages Senior (U/15 & U/18) Boys & Girls in 2011

Junior (U/11 & U/13) Boys & Girls in 2011

Ability All players willing to progress to their potential

Coaches Led by Sean Dancer with Niniwa Roberts and a selection of Black Sticks and **NHL players (Black Sticks' Coach, Shane McLeod, will also be involved in this programme in December)**

Dates Senior 25 to 27 January

Junior 20 to 22 December

Time 9am - 5 pm each day

Cost \$330 - 3 day camp (includes one night sleepover at Wellington Zoo)

\$110 a day (without sleepover at Wellington Zoo)

Prices include lunches, snacks and prizes

20% discount available for any player enrolling in both Summer Camps; or for 2 or more family members enrolling in the same camp.

Venue National Hockey Stadium & Wellington Zoo, Newtown, Wellington

20%
discount
available



Seriously Wild!

-Without Zoo Sleepover

Description

The same as noted on previous page - but without Zoo sleepover.

Ages Senior (U/15 & U/18) Boys & Girls in 2011

Junior (U/11 & U/13) Boys & Girls in 2011

Ability All players willing to progress to their potential

Coaches Led by Sean Dancer with Niniwa Roberts and a selection of Black Sticks **and NHL players (Black Sticks' Coach, Shane McLeod, will also be involved in this programme in December)**

Dates Senior 15 to 17 December

Junior 17 to 19 January

Time 9am - 5 pm each day

Cost \$285 - 3 day camp

\$110 a day

Prices include lunches, snacks and prizes

20% discount available for any player enrolling in both Summer Camps; or for 2 or more family members enrolling in the same camp.

Venue National Hockey Stadium, Newtown, Wellington

20%
discount
available



On the safer side...

Description

These holiday programmes are for all young players aged 10 - 15 years of age who are eager to get that extra hockey experience during the season. This is a great programme for those preparing for trials or fine tuning their skills before national tournament. Each day will focus on different specialist skills, come to all or target the areas that need work in your game.

Ages 10 to 15 years

Ability All players willing to improve their hockey standard

Coaches Black Sticks, Wellington NHL and youth representative players (the programme will be led by Sean Dancer)

Dates Easter Hockey Days (27 to 29 April)

July Hockey Days (18 to 20 July)

Time 9am - 3pm each day

Cost \$210 - 3 day camp

\$80 per day

No food or snacks provided

20% discount available for any player enrolling in both In-Season Camps; or for 2 or more family members enrolling in the same camp.

Venue National Hockey Stadium, Newtown, Wellington

20%
discount
available



Description

The Elite Clinic offers advanced players extra opportunities to progress to their potential, **under the supervision and guidance of New Zealand's top coaches, Black Stick's** players and Wellington age group representative coaches. These clinics are for all U/11 to U/18 representative and potential representative players for the 2011 season. Includes over 20hrs of hockey skills training, total body fitness & holistic extras to improve your overall game.

Groups U/11 + U/13 Combined, U/15 & U/18 Boys & Girls (in 2011 Rep Season)

Ability Representative or near-representative level players

Coaches Sean Dancer will lead the programme with a selection of top Wellington coaches (**Black Sticks' Coach, Shane McLeod, will also be involved in this programme** in February)

Dates Starts Monday 31st of January & ends Friday 11th of March

Times

Monday U/11+U/13 Girls (5 to 6.30pm), U/11+U/13 Boys (5.30 to 7pm) & U/15 Girls (6.30 to 8pm)

Tuesday U/15 Boys (5 to 6.30pm), U/18 Girls (5.30 to 7pm) & U/18 Boys (6.30 to 8pm)

Wednesday U/11+U/13 Girls (5 to 6.30pm), U/11+U/13 Boys (5.30 to 7pm) & U/15 Girls (6.30 to 8pm)

Thursday U/15 Boys (5 to 6.30pm), U/18 Girls (5.30 to 7pm) & U/18 Boys (6.30 to 8pm)

Friday U/11+U/13 Girls (5 to 6.30pm), U/15 Girls (5.30 to 7pm) & U/18 Girls (6.30 to 8pm) turf training

U11/U13/U15/U18 Boys (5.30-7.00pm) alternate training

Week 1 girls have normal hockey sessions & boys have extra high performance activity from 5.30 to 7pm. Week 2 boys will have normal hockey session and girls will have extra high performance activity. This rotation will continue through the programme.

Cost \$190

Includes over 20hrs of hockey skills, fitness training & holistic extras to improve your overall game

Venue National Hockey Stadium, Newtown, Wellington

Sean Dancer brings extensive coaching experience with him to this role most recently coaching club and international hockey in Belgium for the last 7 years. In **addition to his work coaching the Wellington Men's NHL Team this season Sean will join the Black Sticks Men's coaching staff for their Commonwealth Games campaign in** October and will continue to work with the team in 2011 and beyond. In addition, Sean is part of the coaching team for the Hockey New Zealand Junior Hockey Academy teams in 2010/2011.

Niniwa Roberts has over 140 caps playing for the Black Sticks and brings her tremendous passion for the game to her coaching. As a top goal scorer for club and NHL, Nin will certainly give young players a great insight into this and other aspects of their game.

Shane McLeod is the current Black Sticks Men's coach and will contribute to some of the Summer Camps, Academy Programmes and Clinics. His obvious experience and skill will be invaluable and will give our young players a chance to be observed for their future potential.

Wellington Black Sticks Joel Baker, Blair Hilton, Steve Jenness, Blair Tarrant and Kyle Pontifex will all contribute to these programmes of activity.

NHL players Jamie Coombes, Sarah Munn, Tara Hall and Holly Gaskin will all take part in these trainings, with additional NHL personnel to come on board as demand dictates.

Wellington Representative Coaches will also contribute to the elite camps and clinics allowing these coaches the opportunity to develop their own coaching expertise but giving them additional time to work with potential squad members for 2011.

Further expertise will be provided to contribute to other areas for athlete development including sports psychology and sport science.

Programme Summary

Future Sticks	18/19 December	\$55
	20/21 January	\$55
	27/28 April	\$55
	18/19 July	\$55

Wild Summer Camps (Price in Red Includes Sleep Over at Wellington Zoo)

20% discount available for any player enrolling in both Summer Camps; or for 2 or more family members enrolling in the same camp.

Senior	15 to 17 December	\$285
	25 - 27 January	\$330
	Full Day	\$110 Per Day
Junior	20 to 22 December	\$330
	17 to 19 January	\$285
	Full Day	\$110 Per Day

In-Season Hockey Days

20% discount available for any player enrolling in both In-Season Camps; or for 2 or more family members enrolling in the same camp.

Easter	27 to 29 April	\$210
	Full Day	\$80 Per Day
July	18 to 20 July	\$210
	Full Day	\$80 Per Day

Elite Clinics	31 Jan - 11 Mar	\$190
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Please go to www.wellingtonhockey.org.nz for a registration form.

If you have any questions about any aspects of this programme,
please contact Sean Dancer.

Ph. 04 389 3337 sean@wellingtonhockey.org.nz

With thanks

Wellington Hockey Association would like to acknowledge the following funders and sponsors. Without their tremendous support this programme simply would not be possible.



Wellington Hockey Association

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